

JAMES A. O'REGAN
CURRICULUM VITAE

- Born** Ottawa, Ontario, November 20, 1952
- Citizenship** Canadian, able to work in the United Kingdom and United States
- Married** Judith L. Olmstead at Ottawa, October 8, 1983
- Children** Brigit Elise O'Regan at Toronto, June 27, 1991
Madalen Phoebe O'Regan at Moncton, March 1, 1994

Travel

- Ottawa, Ontario, Canada, 1952-1953
- Soest, West Germany, 1953-1955
- Ottawa, 1955-1958
- Winnipeg, 1958-1962
- Camberley, England, 1962-1963
- Ottawa, 1963-1966
- Nepean, 1966-1974
- Lisbon, Munich, Zurich, Amsterdam, Dublin, 1968
- Los Angeles, Seattle, Vancouver, 1970
- London & Leicester, England; Dublin, Eire, 1973
- Toronto, 1974-1975
- Nepean, 1975-1980
- Toronto, 1980-92
- Port-au-Prince, Haiti, 1985
- Tokyo, Matsumoto, Hiroshima, Kyoto, Nara, Japan, 1987
- London & Oxford, England; Glasgow & Edinburgh, Scotland, 1990
- New York, 1992
- Tokyo, Japan, 1993
- Moncton, New Brunswick, Canada, 1992- 95
- Vancouver, BC & Seattle, 1995
- Ottawa, Toronto, Montreal, Los Angeles, 1995- present
- Los Angeles, 2003 - 2004

Education

- Elementary schools: Ottawa, Winnipeg, England
- Secondary school: St. Pius X, Ottawa, 1966-1970
- B.A.(Philosophy & Religious Studies), Carleton University, 1974

- B.Th., St. Paul University, 1976
- B.A.(Th.), University of Ottawa, 1976
- M.A.(Th.), University of Ottawa, 1978
- Doctoral Studies (2 years - withdrawn), Institute of Christian Thought, Toronto, 1977-79
- L.Th., St. Paul University, 1985 (N.B., this degree is equivalent to the completion of doctoral course work.)
- Doctoral Studies, Saint Paul University, 2004-2005 (withdrawn)
- Certified in Automobile Law and Ethics, Georgian College, 2005
- Ph.D., University of Ottawa & Saint Paul University, 2013

Training

- Effective Project Management Communications, Centre for Excellence in Communications, 2011
- Orientation to Government Communications, Canada School of the Public Service, 2011
- Understanding and Applying Strategic Communications, Canada School of the Public Service, 2011
- Introduction to Public Policy Development, Canada School of the Public Service, 2012

Languages

- English - excellent; French - CBB; German, Hebrew, Japanese - remedial
- Reads: English, French, Hebrew; Partial - Greek, German, Italian, Latin, Spanish & Romanji

Community Work

- Cub Scout, Winnipeg, circa 1961
- Cub Scout, Camberley, Surrey, England, circa 1962
- Cub Scout, Ottawa, circa 1963-66)
- Altar Boy, St. Basil's Church, 1963-66
- St. Augustine Roman Catholic Parish Council, Liturgy Committee, Ottawa, 1968-1971
- Lector, St. Augustine RC Parish, 1968-75
- Postulant - Order of St. Augustine, 1974-1975
- Liturgy Group, St. Paul University, 1975
- Celebrity Phones, Sick Kids Hospital Telethon, 1988-1990
- Drama Consultant, Edith Cavell Primary School, Moncton, 1992

- Celebrity, IWK Hospital Telethon, 1993
- Committee to investigate Permanent Diaconate in Moncton Archdiocese, 1993-1995
- Lector - St. Michael's RC Parish, Moncton, 1993 - 1995
- Co-ordinator for Lectors - Divine Infant Parish, Orleans, 1997 - 1998
- Leader for Lectors' Formation, Divine Infant Parish, Orleans, 1998
- Member, Parish Pastoral Council - Divine Infant Parish, Orleans, 1997 - 1998
- Presentation on *An Overview of Christianity*, Grade 12 Class, Philemon Wright HS, Hull, 1997
- Reader, *Orleans Choirfest 1997*, Rogers Community TV, Orleans, 1997
- Presentation on *Being an Actor*, Grade 1-2 Class, Convent Glen Catholic School, Orleans, 1998
- Master of Ceremonies/Maître des cérémonies, *Concert in Honour of Shinichi Suzuki: 1898-1998*, National Capital Suzuki School of Music, February, 1998
- Host, Spring Groups Concert, National Capital Suzuki School of Music, 1999
- Co-Host, Spring Groups Concert (with Bill Parker, Majic 100), National Capital Suzuki School of Music, 2000
- Print Ads, Violin for *The Weekly Journal* and Cello for *The Ottawa Citizen*, National Capital Suzuki School of Music, 2000
- Lector (Spare), Good Shepherd Parish, Ottawa, October 2000 -
- Director of Public Relations and Publicity, The National Capital Suzuki School of Music, November 2000 - March 2002
- Presentation on Acting, two sessions, Blessed Kateri Tekakwitha School Drama Club, Orleans, 2001
- Host, Spring Groups Concert, National Capital Suzuki School of Music, 2001
- Host/Hôte, SuzukiMusic "Play-A-Thon," October, 2001
- Host, Spring Groups Concert, SuzukiMusic, 2002
- *Ad Hoc* Committee for Review of Arts in Education, ORCSSB, 2003
- Public Relations and Event Logistics Advisor and fundraising, SuzukiMusic SEVEC Exchange, 2003-2004
- Host, Spring Groups Concert, SuzukiMusic, 2004
- Host, Spring Groups Concert, SuzukiMusic, 2005
- Bass Player, The Backyard Fiddle Band, Belcourt Manor, 2006
- Civics Class presentation about Acting, Canterbury HS, 2006
- Host, Spring Groups Concert, SuzukiMusic, 2006
- Media releases: *The Corelli Players CHEO Benefit Robbery* (December 17.06); two stories in *Ottawa Citizen*, one in *Ottawa Sun*, two radio stories on CBC, one story on Global national news, 2006-2007
- Presentation On Acting, Historica Foundation students, Terry Fox Centre, April, 2007
- Host, Spring Groups Concert, SuzukiMusic, 2007
- Presentation on Acting in TV and Movies, Ottawa West Rotary Club, 2007
- Presentation On Acting, Writing and Producing, Historica Foundation students, Terry

- Fox Centre, September, 2007
- MC Coordinator, Ottawa Youth Orchestra Association Family Concert, December 9; MC speech writing, editing and translating to French as well as MC training, 2007
- • MC (French/English), A Corelli Christmas, The Corelli Players, (MC Notes, writing, editing, translation), January 6, 2008
- • MC Coordinator, Ottawa Youth Orchestra Association Family Concert, May 11; MC speech writing, editing and translating to French, 2008
- • Presentation on the Canadian Army Film and Photo Unit, Bytown Militaria Collectors Club, June 4, 2008
- • Presentation On Acting, Writing and Producing, Historica Foundation students, Terry Fox Centre, October & November, 2008
- • Host/writer, Town Hall, [four camera live studio], Defence Public Affairs Learning Centre, Ottawa, 2009
- • Volunteer (box office), Canadian Comedy Awards, ArtsCourt, Ottawa, 2013

Career Experience

Government

- PM-03 Pool, Health Canada, 2008-current
- IS-02, June 1, Environment and Climate Change Canada, 2009 - current. Responsible for four daily communications products: compilation contributions to "Early Alerts" and "Press Clippings" packages, and compilation, summaries and dissemination of International Updates, Morning Updates and Media Wrap-ups; responsible for writing and dissemination of weekly news summary and for monthly new summary content for a department newsletter. Researched, wrote and sent early morning media analysis COP-15 team (Copenhagen). Devised proposals and studies for proximity theory applications to media analysis, science and the media and to science exploitation and submitted to DG EC Communications and to President of NRC
- IS-03 Acting, Environment and Climate Change Canada, November 1, 2009 - March 31, 2010. Responsible for four daily communications products: researched, wrote and sent "Early Alerts" and "Press Clippings" packages for minister, minister's office and department; responsible for writing and dissemination of weekly news summary and for monthly new summary content for a department newsletter. Researched, wrote and sent end of day media analysis COP-15 CITES team (Doha)
- IS-03 Pool, Environment Canada, May 2011- current
- Acting IS-04, Environment and Climate Change Canada, August-September (two weeks), 2016, media relations
- Creator and researcher, Re-Imagining the Electronic Media Monitoring Function, BluePrint 2020 (IdeAction, Environment and Climate Change Canada) funded year-long project, outcome – RFP submitted to Procurement Canada 2018, 2017-2018

- IS-02, Acting Team Leader, Media Monitoring and Analysis, Environment and Climate Change Canada, Fall 2018 – February, 2019
- IS-03, Team Leader, Media Monitoring and Analysis, Environment and Climate Change Canada, February 8, 2019 – November 29, 2019
- IS-02, Media Monitoring and Analysis, Environment and Climate Change Canada, May 8, 2019 (appointment to IS-03 not approved by Senior Management), reverted to 2 level, de factor acting team leader without title
- SP-05, Podcast Producer, Canada Revenue Agency, December 2, 2019 to current
- SP-08 (Acting), Webinar and Podcast Producer, Canada Revenue Agency, December 23, 2019 to March 2021
- SP-08 (Acting), Webinar Producer, Canada Revenue Agency, March 2021 to February 2022
- SP-08, Webinar Producer, Canada Revenue Agency, February 2022 to current

Writer

Book

- [Kids Pray the Darndest Things: Effective Liturgy](#), eBook, James O'Regan, Ottawa, 2003
- [An Industrial and Economic Profile of the Actor](#), eBook, James O'Regan, Ottawa, 2003
- [Liturgical Performance: A Performance Model for Liturgy based on the Writings of Constantin Stanislavski](#), eBook, James O'Regan, Ottawa, 2007

Articles, Pamphlets & Submissions

- Music Review, *The Charlton*, 11/16/1973, Ottawa
- "Law Reform Through Theatre," *Just in Time*, (1977), Ottawa
- Conversion - a poem, Novalis Publishers, 1979
- Story on Loan Sharking for Geoff Johnson, *The Citizen*, 1980
- "Doing the Constitutional Talks," *Just in Time*, (5/2, 1980), Ottawa
- "Working Image Theatre," *Canadian Theatre Review*, March, 1987, Toronto
- "Choosing Your Suzuki Teacher," *Kids Toronto*, August, 1987
- "Waste Not, Want Not," *Harrowsmith* (105), Oct., 1992
- "On Top of Old Smokey," *The Forecaster*, (50/2, 1992)
- "Anatomy of a Comedy -- Something for Nothing," *Performing Arts & Entertainment in Canada*, Summer, Toronto, 1993
- *Industrial & Economic Profile of the Actor*, a privately published pamphlet for professional actors, Ottawa, 1997
- "It was a good ad," (Accepting Bell's Dieppe commercial), Letters to the Editor,

- Marketing On Line*, November 24, 1997
- "Surviving Revenue Canada," *The Branch Line*, Volume 7, Issue 4, Winter, 1999
 - "How to Sell Film in Canada," *The Ottawa Citizen*, November 13, 2000, p. A16
 - "Search for a Canadian Blockbuster: A Primer on Selling Film to the Canadian Box Office," *The Branch Line*, Volume 7, Issue 9, 2000, p. 14
 - *Producer's Manual for SuzukiMusic's Play-A-Thon*, SuzukiMusic, 2001
 - Submission to [Canadian Content in the 21st Century](#) (web site), Canadian Heritage, (circa) 2002
 - Submission to [Canadian Content in the 21st Century](#), (PDF Report) Canadian Heritage paper, 2002
 - With Morse, Brian. "Managing hydrological uncertainties in engineering design in northern environments," conference paper for 17th International Northern Research Basins Symposium and Workshop Iqaluit-Pangnirtung-Kuujuuaq, Canada, August 12 to 18, 2009
 - "A Year of Driving a Plug-In Prius," *Ottawa Citizen*, p. A-9, March 11, 2014
 - Brian Morse, James O'Regan, Edward Stander, "A closer look at ice," conference paper, 23rd IAHR International Symposium on Ice, 2016

Theology Academic

- *Liturgical Performance*, M.A. Thesis, St. Paul Univ., Ottawa, 1977, 100p
- Book Review, "Time for Everything Under The Sun," *Eglise et Théologie*, (11/3, 1980)
- *Laying on of Hands*, research paper for Licentiate in Theology, St. Paul University, Ottawa, 1985
- "The Grammar of Symbol," *Modern Liturgy*, 14/9, Dec./Jan., (1987), pp 13-15
- "Crafts & Liturgy: Where do you fit in?," *CraftsNews*, February, 1987
- Exhibition Catalogue Commentary for *Sign and Stories: Liturgical Textiles*, John B. Aird Gallery, Ontario Crafts Council, 1989
- Book Review, "Why Sing," *Toronto Journal of Theology*, (6/1) 1990
- Book Review, "The Scarecrow & Bedlam in Bethlehem," *PMC Journal*, (7/2) 1990
- Book Review, "The Words of Worship, Presiding and Preaching at the Rites," *Toronto Journal of Theology*, 1990
- Book Review, "Liturgy as Language of Faith," *Toronto Journal of Theology*, (8/1), 1992
- "A Note On Keeping A Difficult Text in the Apostolic Tradition," *Ephemerides Liturgicae*, 108 (1994), pp 73-76
- "Shaping the Preparation of Gifts," *Modern Liturgy*, 21/5, June/July, (1994), pp 16-17
- Book Review, "The Sunday Lectionary, Ritual Word, Paschal Shape," *Eglise et Théologie*, (v.29, n. 3, 1998), pp.403-405

- "The Grammar of Symbol," (Reprint), *The Lent Book*, Resource Publications, San Jose, 1999, pp.30-33
- "Forming Presiders for Children's Liturgy," *The Seminary Journal*, Fall, 2003
- "Don't Separate Children from the Liturgy," *Momentum*, April/May, 2004, p. 80-82
- Book Review, "The Idea of the Theater in Latin Christian Thought: Augustine to the Fourteenth Century," *Baylor Journal of Theater and Performance*, 4.2, 2007, p. 91-94
- Book Review, "The Fiery Serpent: A Christian Theory of Film and Theater," *Theoforum*, 38:1 (2007): 117-120
- Book Review, "Do This: Liturgy as Performance," *Theoforum*, 38/3 (2007): 377-380
- "Taxonomy of Theatre and Liturgy: Structural Similitude," *Ecumenica, A Journal of Theatre and Performance*, Volume 1.1 (Spring 2008): 9-34
- Book Review, "Salvation in Celluloid," *Theoforum*, 39/3 (2008):356-361
- Book Review, "The Mythological Traditions of Liturgical Drama," *Theoforum*, 41/3 (2010): 394-395
- "Proximity: Methodology for Liturgical Theology," *Questions Liturgiques, Studies in Liturgy*, Vol. 97, 1-2 (2016): 65-83

Theology Popular

- "The Great Advent Surprise Party," Novalis, 1979.
- "God Acts Graciously in Death," *Living with Christ*, (Nov.-Dec.,1986)
- "We Can Be Heroic," *Living with Christ*, (May-June, 1987)
- "Our Future is Jesus," *Homiletic Service*, (May-June, 1987)
- "All or Nothing," *Homiletic Service*, (July-August, 1987)
- "All or Nothing," *Living with Christ*, (June-August, 1987)
- "Forgiving from the Heart," *Homiletic Service*, (Sept.-Oct., 1987)
- "Forgiving from the Heart," *Living with Christ*, (Aug.-Sept., 1987)
- "Expecting the Impossible," *Homiletic Service*, (Nov.-Dec., 1987)
- "Expecting the Impossible," *Living with Christ*, (Nov.-Dec., 1987)
- "Qualities that Make God Present," *Celebrate*, (Jan.-Feb., 1988)
- "Discerning and Sharing our Stars," *Celebrate*, (Jan.-Feb., 1988)
- "Who, What and How...This Jesus," *Celebrate*, (Jan.-Feb., 1988)
- "Ordinary Time...Hardly Ordinary!," *Celebrate*, (May-June, 1988)
- "Our Relationship with God," *Celebrate*, (May-June, 1988)
- "Raise the Cup of Thanksgiving," *Celebrate*, (May-June, 1988)
- "Storm Power," *Celebrate*, (May-June, 1988)
- "Rest Creatively," *Celebrate*, (May-June, 1988)
- "A Prophet Among Us," *Celebrate*, (July-Aug., 1988)
- "Presenting the Rejectable," *Celebrate*, (July-Aug., 1988)
- "Hunger, Leadership, Relaxation," *Celebrate*, (July-Aug., 1988)
- "A Foolishly Simple Meal," *Celebrate*, (July-Aug., 1988)

- "A New Vision," *Celebrate*, (July-Aug., 1988)
- "And Now For Something Completely Different," *Celebrate*, (Sept-Oct., 1988)
- "The Hundredfold," *Celebrate*, (Sept.-Oct., 1988)
- "Sing Praise for All the Good!," *Celebrate*, (Sept.-Oct., 1988)
- "Do Not Lord it Over," *Celebrate*, (Sept.-Oct., 1988)
- "Who's Blind? Who Sees?," *Celebrate*, (Sept.-Oct., 1988)
- "The Kingdom is Close," *Celebrate*, (Sept.-Oct., 1988)
- "Stark Contrasts and Stern Judgements," *Celebrate*, (Nov.-Dec., 1988)
- "A Christmas Mime," *Living with Christ*, (Dec.-Jan., 1988)
- "Toward the New Year," *Celebrate*, (Jan.-Feb., 1989)
- "Obedient," *Celebrate*, (Jan.-Feb., 1989)
- "Glimpsing Godliness," *Celebrate*, (Jan.-Feb., 1989)
- "Praying, Fasting and Giving Alms," *Celebrate*, (Jan.-Feb., 1989)
- "Celebrating Holy Week's Symbols," *Celebrate*, (March-April, 1989)
- "Rejoicing in Forgiveness," *Celebrate*, (March-April, 1989)
- "Enabled," *Celebrate*, (March-April, 1989)
- "Your Will Be Done," *Celebrate*, (March-April, 1989)
- "You'll Not Wash My Feet," *Celebrate*, (March-April, 1989)
- "Choosing to Obey," *Celebrate*, (March-April, 1989)
- "Proclamation and Exultation," *Celebrate*, (March-April, 1989)
- "We are an Easter People," *Celebrate*, (March-April, 1989)
- "Signs and Testimony," *Celebrate*, (March-April, 1989)
- "What We Love, We Serve," *Celebrate*, (March-April, 1989)
- "Close to the Shepherd," *Celebrate*, (March-April, 1989)
- "Unity...Service...Glory," *Celebrate*, (March-April, 1989)
- "Being at Home," *Celebrate*, (March-April, 1989)
- "On the Move in Liturgy," *Celebrate*, (July-Aug, 1989)
- "On the Move for the Kingdom," *Celebrate*, (July-Aug., 1989)
- "A Joyful Mission," *Celebrate*, (July-Aug., 1989)
- "Go and Do Likewise," *Celebrate*, (July-Aug., 1989)
- "At the Heart of Hospitality," *Celebrate*, (July-Aug., 1989)
- "Radicalness of the Kingdom," *Celebrate*, (July-Aug., 1989)
- "Extremely Necessary," *Celebrate*, (Sept.-Oct., 1989)
- "Liturgical Diagnosis of a Parish," *Celebrate*, (Sept.-Oct., 1989)
- "First Sunday of Advent," *Celebrate*, (Nov.-Dec., 1989)
- "Second Sunday of Advent," *Celebrate*, (Nov.-Dec., 1989)
- "Third Sunday of Advent," *Celebrate*, (Nov.-Dec., 1989)
- "Fourth Sunday of Advent," *Celebrate*, (Nov.-Dec., 1989)
- "Christmas," *Celebrate*, (Nov.-Dec., 1989)
- "Holy Family," *Celebrate*, (Nov.-Dec., 1989)
- Contributor, *Living With Christ Sunday Missal*, Novalis, 1990

- Invitation to Ministry, *The Quarterly*, Vol. 10, No. 2, June 1998, p.12

Presentations

- Luncheon speaker, "The Business and Marketing of Actors - Canadian Star System," Telefilm Canada Board of Director's meeting, January 2001
- "Taxonomy of Theatre and Liturgy: Structural Similitude," paper presented at the American Academy of Religion - Eastern International Conference, McGill, Montreal, May 7, 2005
- *Kids Pray the Darndest Things: Effective Liturgy*, book presented at *From Generation to Generation 2005*, Anglican Diocese of Ottawa, April, 2005
- Speaker, *Shooters*, theatrical premiere, Barney Danson Theatre, Canadian War Museum, December, 2005
- "Proximity: Fundamental Construct for Homogeneous Methodology in Liturgical Theology," paper presented at the North American Academy of Liturgy, Liturgical Hermeneutics Seminar, Toronto, January 7, 2007
- Presentation: How Close Was That? Proximity Analysis of Dynamics in Media Events, EMM User Group Lunch and Learn Session, Ottawa, 2013
- Presentation on NewsDesk, given to Sustainable Development Policy Branch tea, (15 attendees including Acting Director, Gail Haarsma), September 27, 2018
- Presentation: "Data Visualization to Understand Big Data and Dynamic Data - Identifying Risk in Flood Events," CRIPE Short Course on Ice Jam Floods & Risk Reduction, Gatineau, QC, May 17, 2019

Scripts

Stage

- *A Pentecost Play* - liturgical drama, 1973
- *The Resurrection of Lazarus* - liturgical dance, 1974
- *A Christmas Mime* - liturgical drama, 1974
- *Ecoman - A Utopitale* - liturgical drama, 1975
- *Eschaton*, a play, with Robin Marshall, 1976
- *The Vigil*, a play, 1981
- *The Patriots*, 1982 Contributor, Waves, Ground Zero Productions, 1983-84
- Contributor, *Made in Canada*, Impact Productions, 1985
- Contributor, *The Fessenden Animation*, Ground Zero Productions, 1985-86, 1990

Television & Video

- Political Satire for *What's New*, CBC-TV, 1982-1983
- Development of 1/2 hour network comedy for CBC-TV, 1984

- *True Life*, pilot and bible for 1/2 hour comedy series, 1991
- *Shannon*, Story Outlines for series, 1994
- *La Famille Jazz*, treatment for 1/2 hour documentary, New Brunswick CBC-TV, 1994
- Development for Weekly Satire spot for New Brunswick-based news, CBC New Brunswick News, 1994
- *Microwaves 'r' Us*, 90 sec. skit, Corevideocom Ltd., 1995
- *The Wine Show*, 1/2 hour series proposal & promo, Corevideocom Ltd., 1995
- Creative for proposal to Museum of Civilization, Corevideocom Ltd, 1995
- *Getting the Story Home, Canadian Forces Public Affairs, WWII to 2000*, 10 minutes, Department of National Defense, 2000
- *Shooters*, The Canadian Army Film and Photo Unit (1941-1945), jamesoregan.com, 2004
- South East Missouri Museum A-V project, 14 audio-visual scripts for various pre-Columbian, post-Columbian and Civil War exhibits, GAPC, 2005-2006
- *Vent & Burn - The Last Resort*, under 20 minute training video for Transport Canada, Tristan Creative, 2006

Film

- *A Charmed Life*, feature, (funded in part by OAC Screenwriter's grant and FUND), 1983
- *The Office Tower*, short silent comedy, 1984
- Concept & Head-Writer, *Edsville*, A Really Big Production Inc., 1989
- *True Life*, comedy feature, (funded in part by New Brunswick/Canada Cooperation Agreement on Cultural Development) 1993

Multimedia (Live, Recorded)

- Contributor, *Waves*, Ground Zero Productions, 1983
- Contributor, *Waves*, Ground Zero Productions, 1984
- Additional Material, *The Fessenden Animation*, Ground Zero Productions, 1985
- Additional Material, *The Fessenden Animation*, Ground Zero Productions, 1986

Radio

- Writer/Broadcaster, CBO Morning, CBO Radio, 1981
- *Joe Samedi, Detection Canada*, short comedy, CBC Radio Drama, 1983
- Regular humour commentary for *The Food Show*, CBC Radio, 1985 - 1986
- Writer/Broadcaster, *Information Morning*, CBA Radio, 1992
- *MacBeth for Kids* (Rag & Bone Puppet Theatre), CBC Out Front, 1998

Advertising/PR

- Ad Copy, Atlantic Suzuki d'Atlantique, 1992
- "CO-OP Carnaval," *Employee Connection*, CO-OP Atlantic, 1992
- Ad Copy, Co-op Atlantic, 1992
- Ad Copy, Corporate Communications, 1992
- "New Brunswick - Growing Innovation," article, Venture Communications for ACOA, 1992
- Neptune Theatre 1993-94 Radio Campaign, 7 commercials, Simpson-Gilbert, 1993
- Media Releases, GDG Communications, 1994, 1995
- (copy, design and production) Christmas print ad for NCSSM, Ottawa Citizen, December 14, 2000
- Copy, Edit and Design Supervision for SuzukiMusic Insert for Young People's Concert, National Arts Centre (Jan. 12, 2002), 2001
- Media Releases, various clients, 2006 - current

Speech and Speech Notes

- "Atlantic Ingenuity - A Global Export," president's speech, ACOA, 1992
- Host Speech Notes for Dr. Suzuki Memorial Concert, (English, French and Japanese), 1998
- Host Speech Notes for SuzukiMusic Play-A-Thon, 2001
- Host Speech Notes for SuzukiMusic Groups Concert, 2001
- Host Speech Notes for SuzukiMusic Groups Concert, 2002
- Host Speech Notes for SuzukiMusic Groups Concert, 2003
- Host Speech Notes for SuzukiMusic Groups Concert, 2004
- Host Speech Notes for SuzukiMusic Groups Concert, 2005
- Host Speech Notes for SuzukiMusic Groups Concert, 2006
- Host Speech Notes for SuzukiMusic Groups Concert, 2007
- Host introduction speech, Town Hall, [four camera live studio], Defence Public Affairs Learning Centre, Ottawa, 2009

Verbal, Symbol and Other Workshops, Lectures & Critiques

- The Medieval Liturgy, Department of English, Carleton University, 1977
- Non Verbal Communications, School of Journalism, Carleton University, 1977
- The Christology of Ephraem the Syrian, St. Paul University, 1980
- The Christology of Athanasius of Alexandria, St. Paul University, 1980
- The Christology of Lactantius, St. Paul University, 1980
- Media Workshop, eight hours, Union Communications, 1985
- Liturgical Analysis of Holy Rosary Parish, Toronto, 1989

- The Business of Acting, seminar, Arlington School, Toronto, 1991
- Drama Consultant, Edith Cavell School, Moncton, 1992
- Incarnating the Word - Symbol Handling, Catholic InformationCentre, six hour workshop, Moncton, 1993
- The Business of Acting, seminar, Harrison Trimble HS, Moncton, 1993
- Presentation on *Being an Actor*, Grade 1-2 Class, Convent Glen Catholic School, Orleans, 1998
- Presentation on Acting, two sessions, Blessed Kateri Tekakwitha School Drama Club, Orleans, 2001
- Civics Class presentation about Acting, Canterbury HS, 2006
- Presentation On Acting, Historica Foundation students, Terry Fox Centre, April, 2007
- Presentation on Acting in TV and Movies, Ottawa West Rotary Club, 2007
- Presentation On Acting, Writing and Producing, Historica Foundation students, Terry Fox Centre, September, 2007

Curriculum Development

- Education Kit in support of Shooters, 2007-2008 (available as free PDF)
- Four Enabling Objectives in Cultural Communications, including Religious Communications, DND Public Affairs Training School, DND, 2008-2009

Presentations

- Presentation to ACTRA Performer's Guild, Toronto Branch Council, on Industrial & Economic Profile of the Actor, 1998
- • Presentation to ACTRA Performer's Guild, Annual General Meeting, Pre-Meeting Lobby Event on Industrial & Economic Profile of the Actor, 1998
- • Presentation on Being an Actor, Grade 1-2 Class, Convent Glen Catholic School, Orleans, 1998
- • Presentation on Acting, two sessions, Blessed Kateri Tekakwitha School Drama Club, Orleans, 2001
- • Luncheon speaker, "The Business and Marketing of Actors - Canadian Star System," Telefilm Canada Board of Director's meeting, January 2001
- • "Taxonomy of Theatre and Liturgy: Structural Similitude," paper presented at the American Academy of Religion - Eastern International Conference, McGill, Montreal, May 7, 2005
- • "Kids Pray the Darndest Things: Effective Liturgy," book presented at From Generation to Generation 2005, Anglican Diocese of Ottawa, April, 2005
- • Speaker, Shooters, theatrical premiere, Barney Danson Theatre, Canadian War Museum, December, 2005
- Civics Class presentation about Acting, Canterbury HS, 2006
- "Proximity: Fundamental Construct for Homogeneous Methodology in Liturgical

- Theology," paper presented at the North American Academy of Liturgy, Liturgical Hermeneutics Seminar, Toronto, January 6, 2007; abstract - Zimmerman, J (ed.), Proceedings of the North American Academy of Liturgy, Notre Dame, IN: North American Academy of Liturgy, Inc., 2007, 62
- Presentation On Acting, Historica Foundation students, Terry Fox Centre, April, 2007
 - Presentation on Acting in TV and Movies, Ottawa West Rotary Club, 2007
 - Presentation On Acting, Writing and Producing, Historica Foundation students, Terry Fox Centre, September, 2007
 - Presentation on The Canadian Army Film and Photo Unit (WWII), The Bytown Militaria Collectors Club, June 2008
 - Presentation On Acting, Writing and Producing, Historica Foundation students, Terry Fox Centre, October, 2008
 - Présentation français de proximité, formation français, le gouvernement du Canada, 2011
 - Presentation: How Close Was That? Proximity Analysis of Dynamics in Media Events, EMM User Group Lunch and Learn Session, Ottawa, 2013

Formation Leader & Performance Trainer

- Liturgy Workshop, six hours, St. Augustine Seminary, 1985
- Incarnating the Word - Proclamation, TST Continuing Ed. Workshop, 16 hours, 1987
- Incarnating the Word - Proclamation, St. Michael's Parish, 14 hours, Moncton, 1994
- Incarnating the Word - Proclamation, St. Judes Parish, two hours, Moncton, 1994
- Incarnating the Word - Proclamation, St. Mary's Parish, four hours, Vancouver, 1995
- Public Speaking, Carleton Roman Catholic Separate School Board, 16 hours, Ottawa, 1995
- Weekly Lectors Formation workshops, Divine Infant Parish, 1998
- Incarnating the Word - Proclamation, St. Joseph's Parish, two sessions, Ottawa, 2001
- Presider Workshop, St. Paul University Anglican Studies, Ottawa, 2004
- Presider Workshop, St. Paul University Anglican Studies, Ottawa, 2005
- Proclaiming And Presiding: A Liturgical Workshop, Regis College & Our Lady of Lourdes Parish, 2006
- Presider Workshop, St. Paul University, Centre for Formation and Anglican Studies, Ottawa, 2009

Editor, Translator, Re-Writes, Script & Video Editor

- Copy Editor, *Health and Christian Life*, Catholic Health Association Publisher, Ottawa, 1979
- Ad-hoc Script Editor, EDP Auditing, Sequence Media and Supply & Services Canada, 1982

- Script Editor, *Waves*, Ground Zero Productions, 1983
- Script Editor, *Waves*, Ground Zero Productions, 1984
- Script Editor, *The Fessenden Animation*, Ground Zero Productions, 1985/86
- Editor, *ACTRA Toronto Performers Newsletter*, 1989-90
- Dramaturge, *The Fessenden Animation*, Ground Zero Productions, 1990
- *Co-ops Alive In Greater Moncton*, CO-OP Atlantic, 1992
- Translation & Rewrite, Media Release & Service Contract, GDG Communications, Moncton 1994
- Ad-hoc Script Editor, *Les Années noires*, MOW, Les Productions Phare-Est, 1994
- Editor, “Measuring Under-Keel Clearance of Ships Using GPS-OTF Technology,” Conference Paper, Dr. B. Morse, Canadian Coast Guard - Laurentian Region, 1996
- Translation & Editor, « Application du GPS et l'approche On-The-Fly en temps réel pour les relevés bathymétriques, » Conference Paper, Guy Marceau, Canadian Coast Guard - Laurentian Region, 1996
- Editor, “St. Lawrence River Ice Manager,” Funding Proposals, Dr. B. Morse, Canadian Coast Guard - Laurentian Region, 1996
- Editor, “Ice Measurement Station; Rescuing a Technology, Contributing to an Integrated Ice Management System,” Conference Paper, Dr. B. Morse, Canadian Coast Guard - Laurentian Region, 1997
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- Editor, “Sobering Reality,” Andrea Major, Canadian Foundation for Women's Health, for The Journal of the Society of Obstetricians and Gynecologists, 1997
- Editor and Re-writes, “The Canadian Coast Guard's Environmental Prediction Decision Support System - Five Years in the Making,” Conference Paper Abstract, Dr. B. Morse, University of Laval, N. Crookshank, National Research Council, 1998
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- Edit, “Ice: Booms or Bust: Theoretical Development of Ice Forces on Booms,” Dr. B Morse, University of Laval, 2001
- Editor, "Getting Here from There: Pioneer Inns of the Ottawa Valley," by Brian O'Regan, *Construrie une capitale: Ottawa - Ottawa: Making a Capital*, University of Ottawa Presss, Ottawa, 2001, p. 59-69
- Edit, “Evaluating Vessel Squat in the St. Lawrence Seaway,” Stéphanie Michaud, Brian Morse, Jimmy Siles, University of Laval, 2002
- Edit, “The Importance of Water Level Fluctuations in Assessing Ship Under-Keel

- Clearance in Confined Waterways,” J.Siles, B.Morse, R.Santerre, A. TaschereauC, S. Michaud, University of Laval, 2002
- Translation: « Conception d'estacades-filets pour le contrôle des embâcles, Le concept d'estacade fixe à filet, » and three ancillary files, University of Laval, 2002
 - Edit, “The Saguenay Response: Reaching for Sustainability,” R. Cournoyer, B. Morse, University of Laval, 2004
 - Edit, “Ice processes at the Ultramar terminal on the St. Lawrence River,” B. Morse, University of Laval, 2005
 - Edit, « Estimating Ice Jam Flood Risk, » M. Leclerc, Y. Secretan, Institut national de la Recherche scientifique – Eau, Terre & Environnement, B. Morse, University of Laval, 2006
 - Edit and minor rewrites, *Quit4Life* booklet, Tobacco Control Programme, Health Canada, 2006
 - Edit, “Technical review of information related to the ice formation and breakup presented in the Dunvegan Hydroelectric Project application,” B. Morse, University of Laval, 2007
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 - Edit, “Gauging Rivers during All Four Seasons Using the Q2D Velocity Index Method,” Brian Morse, Kamal Hamaï, Yves Choquette and Geneviève Pelletier, University of Laval, 2008
 - Edit, “A field study of surface floes, suspended frazil ice particles and anchor ice,” Brian Morse and Martin Richard, University of Laval, 2008
 - Edit, “Lake St-Pierre Ice Study and Its Impact on Munitions Displacement,” Brian Morse, University of Laval, 2008
 - Edit, “Surface Ice Observations on the Saint Lawrence River,” Martin Richard and Brian Morse, University of Laval, 2008
 - Edit, “Online learning contributes to post-secondary education in Canada?,” Bruce H. Tsuji, *The Hill Times*, p. 26, October 12, 2015
 - Video edit, 11 part montage of two fiddle tunes, Suzuki Music Family and Friends Concert, Judy Olmstead studio, 2021

Actor

Television

Show/Project	Role	Production Company
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James O'Regan Show (sic)	Host, VeeJay	Ottawa Cablevision, 1968
Bailout Airlines	Clown(p)	CJOH-TV, 1974
SCTV	Actor	Old Firehall Prod., 1981
Pet Peeves	Actor	CTV, 1984
Fitness over Forty	Murray (Reg)	TVO, 1985
Master Peter's Puppet Show	Page	CBC/ NAC, 1986
Keys to the Office	Principal	TVO, 1986
Latch Key Kids	Principal	Burton Production, 1986
VH Adderly	Charlie(p)	VH Productions, 1986
Pet Peeves	Dr. Bracebridge(p)	CTV, 1986
Hitchcock: Man on the Edge	TV Cameraman(p)	Townsend Film Prod., 1986
Almost Grown Pilot	Policeman	Almost Grown Prod., 1987
Hitchcock: Prosecutor	Cop(p)	Hitchcock Prod., 1988
Twilight Zone: Extra Innings	Umpire(p)	Atlantis, 1988
Emergency Room: Ruby Red	Miles Redmond(p)	Concept Equity, 1988
War of the Worlds: The Good Samaritan	Mr. Cook(p)	Triumph, 1988
Katts & Dog: 2 episodes	Lt. O'Neil(p)	Pearson Lamb, 1988
Knightwatch: Knights before Christmas	Finch(p)	Three Pictures, 1988
Friday 13th: Better Off Dead	Detective(p)	Triumph, 1988
T&T: Contender	Reporter(p)	NPL Ltd., 1988
Street Legal: Without Prejudice	Harvey Jackman(p)	CBC, 1989
Renovating: The Inside Story	Carl Jones (Reg)	Forerunner, TVO, 1989
Friday 13th: Mightier than the Sword	Det. Adams(p)	Triumph, 1989
Road to Avonlea (3 seasons)	Abner Jeffries(Reg)	Sullivan Films, 1989-91
ENG: Crossroads	Doorman	Alliance, 1990

Top Cops #2	Chief Carey(p)	Grosso-Jacobson, 1990
Top Cops #8	Sgt. Dozier(p)	Grosso-Jacobson, 1990
Judge: Money Crunch	Sgt. McKinney(p)	Variety Artists, 1990
Clarence	Cop	Atlantis, 1990
Top Cops #14	Sgt. Gruchella(p)	Grosso-Jacobson, 1990
Peeping Tom	Joe Walker(p)	McKenna Teleshows, 1990
Série Télé-Litté: Nulle Part Au Texas	Justin Case(p)	Médiatique, 2001

Film

Blue City Slammers	Mel(p)	Shatalow/Raymond Prod. 1987
Sea of Love	Hallway Cop(p)	Universal Canada, 1988
Dream Team	Litterbug(p)	Imagine, 1988
Edsville	Priest(p)	A Really Big Production, 1989
Norha & the Microbabes	Dr. Etone(p)	Lava Pictures, 1991
Hurt Penguins	Conrad(p)	Cold Feet, 1991
Two's A Mob	Jim(p)	Diorio Productions, 1997
House of Luk	Al(p)	Distinct Features, 1999

Television Movies (MOW)

Anne's Story	Actor	CBC, 1982
Mazes & Monsters	Paul	Tele M&M Prod., 1982
Grierson	Actor	CBC-TV, 1984
Anne of Green Gables II	Mr. Pye(p)	Sullivan Films, 1986
Squamish 5	Policeman	CBC, 1987
Jane of Lantern Hill	Policeman	Lantern Hill Prod, 1988
Sanity Clause	Cop	CBC, 1989
Perfect Witness	Cop(p)	HBO, 1989

Kissing Place	Sergeant(p)	C. Cherback Prod., 1989
Jackie Presser: Teamster	1st Teamster(p)	Citadel Pictures, 1992
Les Années noires	Gov. Lawrence(p)	Les Prod. Phare Est, 1994
Marciano	Clerk/Hibernian Hall Announcer(p)	MGM/Winkler Films, 1998
A Woman Hunted	Billy Britton(p)	Outrage Productions, 2003
A Perfect Marriage	Martin Grayson (p)	Sound Venture, 2005
Like Mother Like Daughter	Det. Gary Whal (p)	SV Thrilling Movies, 2006
Too Young to Marry	Architect (p)	Muse Ent, 2007

Corporate Video & Film

Straight Talk	Henry(p)	CLC, 1980
Unemployment	Principal	CLC, 1981
Government Industrial	Principal	Sequence Media, 1982
EDP Auditing	Principal	Sequence Media, 1983
P&G Industrial	Principal	Southwestern Communications, 1984
Welcome to your Benefits	Principal	Canadian Film & Video Office, 1985
Shopper's Industrial	Pharmacist(p)	Channel One, 1986
Bellcore	Principal	St. John Group, 1987
Matilda Bay	Actor	VisCom, 1987
Client Relations	Principal	MPSL, 1987
Royal Trust	Principal	Cormana, 1988
Canadian Management Accountants	Principal	Cormana, 1988
The M Funds	Mortgage(p)	Cooper Prod., 1988
The Right Choice	Senior Executive(p)	Northern Lights, 1989
Glaxo Pharmaceutical	Dr. Pringle(p)	Mariposa, 1989
Ciba-Geigy	Fred(p)	GM&A, 1989

AIT	Mr. Martin(p)	Filmworks, 1989
SDMTV Spring 90	Pharmacist(p)	Channel One, 1990
Canadian Tire	Customer(p)	Canadian Tire, 1991
Canadian Tire	Principal	Canadian Tire, 1991
Moen Corporate	Customer(p)	Holman Comm., 1991
GM	Salesman(p)	Channel One, 1991
Radio Shack	Sherlock Holmes(p)	Channel One, 1992
Ad Council	Various(p)	Hawk Com., 1993
Sabian	Store Owner(p)	Hawk Com., 1993
CFKO	Self	Corevideo Com. Ltd, 1996

Radio

TGIF	Host	CKCU-AM, 1973-74
Hot Wax	Host	CKCU-AM, 1973-74
Azort Starbolt - Space Android	Announcer/Var.	CKCU-AM, 1973-74
Milligan, A Legless Hero	Murphy	CKCU-AM, 1973
Deceptions	Priest	CKCU-AM, 1978
Man with Twisted Lip	Narrator	CHEZ-FM, 1981
The Killers	Emanuel	CHEZ-FM, 1981
Goldfish	Philip Marlowe	CHEZ-FM, 1981
CBO Morning	Theatre Critic	CBO-AM, 1981
Too Many Have Lived	Sam Spade	CHEZ-FM, 1982
Joe Samedi	Raoul LaLigne	CBC Radio Drama, 1982
The Pegram Mystery	Sherlaw Kombes	CHEZ-FM, 1983
The Food Show	Humour Commentary	CBC Network Radio, 1985-86
Amateur Hero	Boxer	CBC Radio Drama, 1986

Ma Bell	Principal	CBC Radio Drama, 1986
Time in the Air	Tour Guide/Voice 2	CBC Stereo Theatre, 1986
Cindy	Attendant/John	CBC Radio Drama, 1987
Three Day Navy	Reporter/Voice	CBC Radio Drama, 1988
Lie Detector(pilot)	Player	CBC Morningside, 1992
Information Morning	Humour Commentary	CBA Radio, 1992

Theatre

A Pentecost Play	Singer	St. Augustine's Church/ J. O'Regan, 1973
Winterlude	Clown	Nepean Department of Recreation, 1974
Lady Windemere's Fan	Lord Lorton	Sock 'n' Buskin/ Ian Carkner, 1974
The Wild Duck	Hjalmar Ekdal	Carleton University/Doug Campbell, 1974
Sunshine Town	J.H. Bagshaw	Sock 'n' Buskin/ R. Griffiths, 1975
Tours of Duty	Duke of Richmond	Carleton University/Doug Campbell, 1976
Traveling Musicians of Bremen	Clown	Sock 'n' Buskin/J. O'Regan, 1976
The Mumberley Inheritance	R. Mumberley	Penguin Productions/Blair Maschal, 1976
The Man of Mode	Sir Foppling Flutter	Carleton University/Doug Campbell, 1977
The Jew of Malta	Barabas	Carleton University/Doug Campbell, 1978
What Glorious Times They Had - Nellie McLung	Rodmond Roblin	Great Canadian Theatre Co/ Doug Campbell, 1979
Komagata Maru Incident	Hopkinson	Great Canadian Theatre Co/Kate Lushington, 1979

Killing Time	Louis	Penguin Prod./Don Bouzek, 1980
Loot	Meadows	NAC/ John Wood, 1980
Killing Time	Louis	Tot Promotions/Don Bouzek, 1980
The Memorandum	Stroll	Equity Showcase/Don Bouzek, 1981
Roxy Radio	Various	Penguin Restaurant/Barry McLaughlin, 1982
Fessenden Animation	Fessenden	Ground Zero Productions/Don Bouzek, 1985
Joe Samedi	Various	TOT Communications Inc./James O'Regan, 1985
Wild Child	Various	Wild Child Prod., Don Bouzek, Felix Mirbt, 1986
Fessenden Animation	Fessenden/Voices	Ground Zero Productions/Don Bouzek, 1986-90

Theatre/Cinema Workshops & Readings

The Chez Lucien is Closed	Various	Clive Doucet/Wayne Rostad/Don Bouzek, 1982
Waves	Niels Bohr/ Various	Ground Zero Productions/Don Bouzek, 1983
Dinner Readings	Various	National Office of Religious Education, 1983
Waves	Niels Bohr/ Various	Ground Zero Productions/Don Bouzek, 1984
The Arrow	Diefenbaker/ Various	Ground Zero Productions/Don Bouzek, Clint Bromphary, 1985
Fessenden Animation	Fessenden	Ground Zero Productions/Don Bouzek, 1985
Sign of Life	Dr. Sloper	Nightwood Theatre/Svetlana Zylin, 1985
Wild Child	Various/Puppets	Ground Zero Prod/Felix Mirbt & Don Bouzek, 1986
Fessenden Animation	Fessenden/Voices	Ground Zero Productions/Don Bouzek, 1986

Standing with the Children	McKenzie King/ various	Ground Zero Productions/Don Bouzek, 1989
Fessenden Animation	Fessenden/Voices	Ground Zero Productions/Don Bouzek, 1989
A Film	Various	Debbie Nightengale, 1990
A Film	Various	Sugith Varughese, 1991

Commercials - TV

Custom Muffler (3 spots)	Principal	CJOH-TV, 1981
Toronto Theatre Alliance	SOC	Partners, 1982
Credit Unions (3 Spots)	SOC	Rabko, 1982
Speedy Muffler (Demo)	SOC	Rabko, 1982
Budweiser (Demo)	SOC	Partners, 1982
Black & Decker	SOC	Shultz, 1982
Labatt Light	SOC	Telescene, 1982
Nutriwhip	SOC	Partners, 1982
Canadian Tire	SOC	Shultz, 1983
Vicks	SOC	ADS, 1983
Labatt Light	Principal	Telescene, 1983
Japan Camera Centre (2 spots)	SOC	Pascoe Productions, 1983
McDonalds	SOC	Partners, 1984
Snap Seal	SOC	Dalton Fenske, 1984
Toyota	SOC	Partners, 1985
Wintario	SOC	Partners, 1986
Canadian Tire	Principal	Shultz, 1986
Ontario Tourism	SOC	TDF, 1986
Hostess Krinkles	SOC	Partners, 1986
Innova Wallpaper (2 spots)	SOC	RawiFilm Inc., 1986

Toyota (USA)	SOC	McWaters VanLint, 1987
Hostess Krinkles	SOC	Dalton Fenske, 1987
Discount Car Rentals	Principal	Henry Less Co, 1987
Loblaws	Principal	Partners, 1988
GM (3 spots)	Principal	Boardwalk, 1989
ENO	Principal	Partners, 1989/90
Granada	Principal	McWaters, 1990
Delta Faucets (USA)	SOC	Circle Productions, 1990
Dunkin' Donuts (USA)	Principal	The Lopes Picture Co., 1995
Fleischmann's (USA)	Principal	The Lopes Picture Co., 1996
Molson Home Coming	Stan (p)	Kessler Irish Films, 1996
Molson <i>3 in 1</i>	Stan (p)	Kessler Irish Films, 1997
Molson <i>Lunch</i>	Stan (p)	Kessler Irish Films, 1997
Molson <i>Dog Gone It</i>	Stan (p)	Kessler Irish Films, 1997
Molson <i>Closet</i>	Stan (p)	Kessler Irish Films, 1997
McDonald's <i>Constructions</i>	Principal	SWAT, 1998
Leon's <i>Goaliepads</i>	SOC	Vaughn Whelan & Partners, 1999

Narration/Voice Work

The Jury System	Narrator	National Film Board, 1978
The Mosque	Narrator	Carleton University, 1979
The Synagogue	Narrator	Carleton University, 1979
The Snow Queen	Narrator	Ottawa Dance Theatre, 1980
La Reine des Neiges	Narrator	Ottawa Dance Theatre, 1980
Three ad spots	V/O	CJOH-TV, 1981
Getting The Act Together	Town Crier	Turnelle Productions, 1981
Alice in Wonderland	Professor	Sound Ventures, 1981

TransCanada Telephone System	Various	Atkinson Film Arts, 1981
What's New	Scoop	CBC Network TV, 1982-1983
Midas Muffler	V/O	Sounds Interchange, 1983
Perfect Couples	Controller	Lorimar Prod., 1984
Government Industrial	Various	Canadian Film & Video Office, 1985
Mariah State	Looping	Mariah State Prod., 1987
McDonalds	Narrator	Rick Shurman, 1990
Ontario Tourism(2 spots)	Multivoice	Pirate, 1991
Rupert The Bear	Various	Nelvana, 1991
Stroh's Beer	Multivoice	MJM Media, 1991
Radio Shack	Narrator	Channel One, 1991
Tin Tin	The Director	Nelvana, 1992
Neptune Theatre	Announcer	Simpson-Gilbert, 1993
City Mouse Country Mouse Swiss Chocolate Mouse # 9	Petra's Father	Cinar, 1996
City Mouse Country Mouse Vaudeville Mice #16	Patron	Cinar, 1996
Molson "Stubby"	Dad	MacLaren McCann, 1996
Molson (1 TV V/O and 4 Radio)	Principal	MacLaren McCann, 1997
The Ottawa Sun	Multivoice	1977
Tim Horton's	Multivoice	Enterprise, 1997
Molson (4 demo spots)	Stan (SV)	MacLaren McCann, 1997
Molson (3 national & 2 demos)	Stan(SV)	MacLaren McCann, 1997
Molson (1 national)	Stan(SV)	Cossette, 1997
Molson (2 national)	Stan(SV)	MacLaren McCann, 1997
Molson (1 national)	Stan(SV)	MacLaren McCann, 1997

City Mouse Country Mouse Meatball Mice #30	Royal Taster	Cinar, 1997
Molson Shampoo	Stan(SV)	MacLaren McCann, 1997
Arthur	Commander Manx (p)	Cinar, 1998
Animal Crackers	Water Buffalo	Cinar, 1998
CS-COOP Ad	Fisherman	MediaPlus, 1999
The Twins #1	Harry	Cinar, 1999
For Better Or For Worse, #4 "It's a Living"	Walt	Funbag, 2000
The Twins #11	Harry	Cinar, 2000
A Miss Mallad Mystery (#15) "Express Train to Trouble"	George Ruddy Duck	Cinar, 2000
Outcast (Pilot Presentation)	King Lohingrin, Venquist	Demzignant Studios, 2003
Shooters, The Canadian Army Film and Photo unit (1941-1945)	Self/ Voice	jamesoregan.com, DND, 2004

Stills

Art Project	Galleries	Richard Nigro, 1980
Credit Unions	POP	Rabko, 1982
Ram Boards	Magazines	1985
Chartered Accountants	Magazines	Michael Foster, 1987
Sunshine Resort	Billboard	Tony Fisher, 1987
Discount Cars	POP	Henry Less, 1988
Northern Telecom	A/V	Cooper Com., 1989

Musician

- Bass Player, The Fiddle Band, SuzukiMusic Family & Friends Concert, Spring 2004
- Bass Player, The Fiddle Band, SuzukiMusic Family & Friends Concert, Spring 2005

- Bass Player, Backyard Fiddle Band, Ottawa Tulip Festival Concert, Dow's Lake Pavilion, 2005
- Bass Player, Backyard Fiddle Band, Black Sheep Tavern, 2005
- Bass Player, The Backyard Fiddle Band, SuzukiMusic Family & Friends Concert, Spring 2006

Interviewer

- For Hot Wax, CKCU-AM: Maynard Ferguson, Paul Horn, Stan Kenton, 1973.
- For Comedy Special, CKCU-AM: Cheech & Chong, 1974.
- For Getting the Story Home, various combat camerapersons and public affairs officers including LGen W.A. Milroy (ret), Gen Moe Morrison (ret), Col Raph Coleman (ret) Cap(N) Barry Frewer, Department of National Defence, 2000
- For archives, Col Jack Donoghue (ret), Department of National Defence, 2000
- For Shooters, veteran members of the Canadian Army Film and Photo Unit, 2001

Guest

- CFRB, 1988, re. Blue City Slammers
- Basic Black, CBC Radio, 1988, re. A Charmed Life
- Morningside, CBC Radio, 1990, re. Edsville
- The Best of Morningside, CBC Radio, 1990, re. Edsville
- Sunday Edition, CTV, 1990, re. Edsville
- All in a Day, CBO Radio, 1991, re. Edsville
- Eye on Ottawa, CJOH-TV, 1991, re. Edsville
- CHAB & Moffat Radio System, 1991, re. Edsville
- Main Street, CBA Radio, 1992
- CanalJam '96, Merrickville Fairgrounds, re. Toby Foss reunion, Ed Sullivan impersonation, 1996
- New Media North December '96 Meeting, 1996, Guest Host of 1996 New Media Award and Nominations Panel
- Avonlea Convention, Toronto, July 2005
- 'Shooters': An interview with James O'Regan, by Peter Dudley, March 2006
- Global National News: The Corelli Players CHEO Benefit Robbed, December 2006
- [The Self Made Man](#) interviewed and contributed to chapter in Mulcahy, Lisa, *The Actor's Other Career Book*, (Allworth 2006)
- Global National News: The Corelli Players CHEO Benefit Robbed, December 2006
- Avonlea [Convention](#), July 2007
- All in a Day, CBO Radio, November 8, 2007, re. Shooters
- Avonlea Convention, Toronto, July 2009
- Host, [A Son Remembers](#), feature segment on [The National](#) and CBC Remembrance

Day, CBC Television, November 10 & 11 2011, rebroadcast on The National, June 6, 2012

- Plug-in Prius driving, Talk to the Hand, News 1310, March 13, 2014

Director

- *A Pentecost Play* by James O'Regan, Choreography by Judith Davies, St. Augustine's Church, 1973
- *The Resurrection of Lazarus* by James O'Regan, choreography by Carla Murgia, St. Matthew's Church, 1975
- *A Christmas Mime*, by James O'Regan, St. Augustine's Church, 1974
- *Ecoman - A Utopitale* by James O'Regan, choreography by Judith Davies, Ritual Theatre, Ottawa, 1975
- *Babel Rap* by John Lazarus, PM Theatre & Ritual Theatre Ottawa, 1976
- *The Traveling Musicians of Bremen* by N. Kosakeiwicz, Sock 'n' Buskin, 1976
- *Eschaton* by James O'Regan & Robin Marshall, Sock 'n' Buskin, 1976
- Puppet Staging, *Fessenden Animation*, Ground Zero, 1989-90
- *Getting the Story Home, Canadian Forces Public Affairs, WWII to 2000*, 10 minutes, Department of National Defence (James O'Regan), 2000
- *Shooters*, 48:50 minutes, video documentary on the Canadian Army Film and Photo Unit, 1941-1946, www.jamesoregan.com & Department of National Defence, 2004

Producer

- *A Pentecost Play* by James O'Regan, Choreography by Judith Davies, St. Augustine's Church, 1973
- *The Resurrection of Lazarus* by James O'Regan, choreography by Carla Murgia, St. Matthew's Church, 1975
- *A Christmas Mime* by James O'Regan, St. Augustine's Church, 1974
- *Ecoman - A Utopitale*, Ritual Theatre Ottawa, 1976
- *Babel Rap*, PM Theatre & Ritual Theatre Ottawa, 1976
- Producer & Publicity for *Killing Time*, directed by Don Bouzek, TOT Promotions, 1980
- Executive Producer & Producer, *Edsville*, A Really Big Production, 1989-90
- Producer, Radio Ad for Atlantic Suzuki d'Atlantique, 1992
- Producer, Neptune Theatre 1993-94 Radio Campaign, 1993
- Weekly Satire spot TV pilot for CBC New Brunswick News, 1994
- *Getting the Story Home, Canadian Forces Public Affairs, WWII to 2000*, 10 minutes, Department of National Defense (James O'Regan), 2000
- *Shooters, The Canadian Army Film and Photo unit (1941-1945)*, hour long video documentary, jamesoregan.com, DND, 2004

- *Edsville* - the DVD, A Really Big Production Inc., 2005
- Images provided to war documentary, [Van D-Day tot de Dam](#), (From D-Day to Dam-Square), Andere Tijden, Nederlands, 2007

Publisher

- [Kids Pray the Darndest Things: Effective Liturgy](#), eBook, James O'Regan, Ottawa, 2003
- [An Industrial and Economic Profile of the Actor](#), eBook, James O'Regan, Ottawa, 2003
- [Liturgical Performance: A Performance Model for Liturgy based on the Writings of Constantin Stanislavski](#), eBook, James O'Regan, Ottawa, 2007
- [Camera Commandos and Reminiscences of D-Day Normandy](#), an ePamphlet about the history of the CFPU WWII, James O'Regan, Ottawa, 2007

Reviews of Work

Writer

- * *Eschaton*, Haines, Charles, All in a Day, CBO Radio, Nov. 25, 1976
- * *Eschaton*, Ashley, Audrey, The Ottawa Citizen, Oct. 30, 1976, p. 27
- * Schippert, Ellen, E-Book Review, KIDS PRAY THE DARNDEST THINGS: EFFECTIVE LITURGY, by James O'Regan, L.Th., 2002. ISBN 0-9731985-0-8, INSITES, the Newsletter of the Association of Consultants for Liturgical Space (ACLS), Volume 7, Number 1, Spring 2003, p. 4
- * Lamberts, Josef, 29 James O'REGAN, *Kids Pray the Darndest Things: Effective Liturgy*, E-Book, 2002, 224 p. ISBN 0-9731985-0-8, *Questions Liturgiques, Studies in Liturgy*, Vol 84 - 2004, p.275-276

Actor

- * *Lady Windemere's Fan*, Duncan, Elizabeth, The Ottawa Citizen, Mar. 8, 1974, p.13
- * *The Wild Duck*, Dorrell, Robin, The Ottawa Journal, 1974
- * *Sunshine Town*, Francis, Ruth, The Ottawa Journal, Mar. 6, 1975
- * *Tours of Duty*, Peterson, Maureen, The Ottawa Journal, Jan. 14, 1976
- * *The Man of Mode*, (no by line), The Ottawa Journal, March 11, 1977
- * *The Jew of Malta*, Ashley, Audrey, The Ottawa Citizen, Nov. 23, 1978, p. 50
- * *The Jew of Malta*, Siskind, Jacob, The Ottawa Journal, Nov. 23, 1978
- * *What Glorious Times They Had - Nellie McLung*, Swimmings, Betty, The Ottawa Citizen, May 31, 1979
- * *Komagata Maru Incident*, Swimmings, Betty, The Ottawa Citizen, July 12, 1979, p. 62
- * *Killing Time*, Pope, Charles, Scene Changes, 8/2, April, 1980, p. 33
- * *Killing Time*, Ashley, Audrey, The Ottawa Citizen, Jan. 17, 1980 p. 77

- * *Killing Time*, Snow, Duart, The Ottawa Journal, June 25, 1980, p. 39
- * *Killing Time*, Grant, Brian, The Sunday Post, Jan. 20, 1980

Producer

- * *Edsville*, Arsenault, Tim, Halifax Mail Star, Nov. 24, 1990
- * *Edsville*, Gregory, Valerie, Edmonton Sun, April 11, 1991, p. 49
- * *Edsville*, Horton, Marc, Edmonton Journal, April 12, 1991, C8
- * *Edsville*, Anthony, George, The Toronto Sun, Sept. 3, 1990
- * *Edsville*, Adilman, Sid, The Toronto Star, Jan. 16, 1992, D6
- * *Edsville*, Gzowski, Peter, Morningside, CBC Radio, Sept. 19, 1990
- * *Edsville*, Cuff, John Haslett, Globe & Mail, Jan. 17, 1992, D2
- * *Edsville*, Evans, Sarah, Now Magazine
- * *Edsville*, Kirland, Bruce, The Toronto Sun
- * *Edsville*, Hall, Michele, CBC Halifax Arts & Entertainment, Oct. 1990
- * *Edsville*, Duffy, Mike, Sunday Edition, CTV, Sept. 2, 1990
- * *Edsville*, Holden, Stephen, The New York Times, Dec. 16, 1992, C30
- * *Edsville*, Tallmer, The New York Post, Dec. 16, 1992, p.26
- * *Shooters*, Costa, Tony, Imago (European Federation of Cinematographers), 2005
- * *Shooters*, Anderson, Jason, Eye Weekly, May 5, 2005
- * *Shooters*, Angus, Don, CSC News, June, 2005, p. 18
- * *Shooters*, Twaito, Bill, Esprit de Crops Magazine, Volume 12, Issue 12, p. 44
- * *Shooters*, Cooke, Owen, [Canadian Camera](#), Winter 2005/2006, p. 32-33.
- * *Shooters*, Loveridg, Lieutenant-Colonel Terence W., Canadian Military Journal, Vol. 7, No. 1, Spring 2006, [Full Review](#)

Press and Endorsements

- Lorraine Hunter, Liturgical craftiness is next to godliness, The Toronto Star, J12, August 8, 1987
- All Answers were Correct, The Sunday Star, A25, August 30, 1987
- Randy Boswell Column, How 20 seconds of history show Canada's coming of age, Ottawa Citizen, A3, June 6, 2003
- [Kids Pray the Darndest Things: Effective Liturgy, 2003](#)
- Dave Brown Column, Video Honours Little-Known Facets of War Reporting, (Shooters), Ottawa Citizen, A8, March 20, 2005
- [Shooters, Endorsements, 2005 - current](#)
- [Shooters, Press Coverage, 2005-current](#)
- [Endorsements and References regarding Presider Workshops, 2005- current](#)
- Dave Brown Column, Patients complain about having to pay doctors for copies of their files, Ottawa Citizen, B5, June 26, 2002
- Dave Brown Column, Man discovers his dad was considered the liberator of Dieppe,

- Ottawa Citizen, F5, June 21, 2002
- Dave Brown Column, Through Their Eyes, We Saw War, (Bud Roos Obit), Ottawa Citizen, D1, March 6, 2006
- Dave Rogers Story, Community members step up to replace cash stolen from youths 'CHEO benefit, C3, December 19, 2006
- Gay Cook Column, (edamame production), Ottawa Citizen, E-5, January 31, 2001
- Dave Brown Column, What do you do when the oven starts cursing you?, Ottawa Citizen, C1, December 8, 2008
- Don Angus, Shooters, Canadian Cinematographer 2/1 April 2010, 10-11
- Guido Kondruss, The 2010 CSC Awards Gala: An Evening of Emotion, Elegance and Records, Canadian Cinematographer 2/2 May 2010, 10-14
- Mark Camarero, Newsroom, Echo Magazine, 2/3 Summer 2010, 8

Marketing/International Trade

- Sourcing of desalinization technology, alternate energy technology, electric transmission equipment and services, various concerns in India, China and Poland, 1993- 1995
- Product development/packager/marketer, fresh frozen vegetable soybean (edamame), TOT Communications Inc., regional, national and international marketing of edamame, 1993- current 7
- Product development/packager/marketer, dulse flakes (furikake), TOT Communications Inc., regional, national and international marketing of furikake, 1993
- Marketer, frozen apple juice and apple eau-de-vie, marketing to Japan, Les Fermes Michaud & Rosswog Distillery, 1993
- Japanese Food Store Club, Moncton, 1993-95
- License Agent (*de facto*), sourced manufacturer/distributor for new patented refrigerant gases; put manufacturer and inventor together for negotiations, 1994
- Locator for the International Internship Program, placing Japanese Teaching Assistants in Ontario and Quebec Schools, 1996 - 1998
- Partner in *edamame* sales within North America, 2001
- Finder, web-based video distribution solution, 2001
- Sales and Leasing Consultant, St-Laurent Volvo, 2005
- Sales and Marketing, Marcel Belanger Pontiac Buick GMC, 2005-2006
- Sales and Marketing, domestic institutional markets, *Shooters*, 2006-2007

Management

- Road Manager, Red Hot, Toby Foss, rock bands, 1968-70
- Founder & Producer, Ritual Theatre Ottawa, 1975-1976

- Research Assistant, St. Paul University, 1976-1977
- Public Relations Counsel, Canadian Conference of Catholic Bishops, 1978
- Public Relations Counsel & Publicity for Benefit Performance of Komagata Maru Incident, in aid of Project 4000, Ottawa, 1979
- Public Relations Counsel & Fund Raiser for Ottawa Dance Theatre, 1979/80
- Acting Company Manager, PR Counsel and Fund Raiser, Ottawa Dance Theatre, 1980-1981
- Secretary/Treasurer, TOT Communications Inc., 1984-1999
- President, TOT Film Productions Inc., 1984-1999
- National Director (Alternate), ACTRA, 1984
- Founder & Director of The Liturgy Workshop, 1986
- National Director (Alternate), ACTRA, 1989
- Treasurer, A Really Big Production Inc., 1989 - current
- Chair of Communications, Toronto Performers Branch, ACTRA, 1989-90
- Councillor, ACTRA Toronto Board of Directors (Council), 1989-90
- Director of Public Relations and Publicity, SuzukiMusic (The National Capital Suzuki School of Music), November 2000 - March 2002
- Board of Directors, SuzukiMusic (The National Capital Suzuki School of Music), November 2000 - March 2002

Web Creative, Consulting & Critiques

- Web Site Critique, Tierra Communications Inc., 1996
- Creative, [James O'Regan](#), Web Site, 1996
- Creative, Judy Olmstead - Suzuki Instructor, Web Site, 1997
- Creative, International Internship Program Canada, Web Site, 1997
- Creative and Maintenance, Divine Infant Lector's Web Site, 1997-98
- Creative for A Walk Along the Beach, marketing web site for D-Day documentary, 1998
- Creative for Brian O'Regan, 1924-1999, 1999
- Creative for National Capital Suzuki School of Music, 1999
- Creative and web ads for Brian Levy Casting, 1999
- Creative for RiverIce.ca (pending), CRIPE, 1999

Consultant

- Consultant, The Flag Challenge, [link tba], Canadian Heritage, 1996
- Proposal on Canadian Symbols Web Site, Canadian Heritage, 1996
- Proposal on Symbol Grammar Strategy for Citizenship Ceremonies, Citizenship & Immigration Canada, 1996

- Creative and Proposal, Canada Celebrates: Using Symbol in the Canadian Symbols Website, Canadian Heritage, 1996
- Creative, *Assurer la croissance du St-Laurent (Plan directeur), le Hydraulique et relevés (HR) - La Garde côtière canadienne - région Laurentienne*, a business plan web site for Canadian Coast Guard intranet, 1997-1998
- Creative for Vista.ca (to Jan. 1999, e-mail for zip portfolio of historically and publically accessed material) and board of directors presentation, Vista Networks Inc., 1998
- Creative for Chimo Hotel VistaSuites™ Intranet and second board of directors presentation, Vista Networks Inc., 1998
- Creative for VistaSuites.com (to Jan. 1999, e-mail for zip portfolio of historically and publically accessed material), Vista Networks Inc., 1998
- Second Round Creative for Vista.ca (to Jan. 1999, e-mail for zip portfolio of historically and publically accessed material), 1998
- Creative for Chimo Hotel Staff VistaSuites™ Training, web presentation, 1998
- POP Web-based E-Mail solution research, 1998
- Creative for Vista Networks Inc., on-line password protected Business Plan, 1998
- Creative for Vista Networks Inc., VenCap Investors web presentation, 1998
- Creative for Hotel General Managers Meeting for VistaSuites™, web presentation, 1998
- Creative for web-based Strategic Growth Plan extranet, National Capital Suzuki School of Music, 1999
- Consultant, All Media Big Data Analysis (Hermeneutics) regarding flooding in Quebec, University of Laval, January to November 2019

Technician

- Sound and lights for Red Hot and Toby Foss, rock bands, 1968-70
- Sound, lights and stage management for various productions at Carleton University & St. Patrick's College, 1970-1974
- Production Assistant for commercials, Filmotheque, 1981

Grants & Awards

- Student of the Year, St. Pius X High School, 1970
- Bursary for Ph.D., Institute of Christian Thought, 1977
- Ontario Arts Council grants:
 - Playwright:
 - Eschaton, 1976
 - The Vigil, 1979
 - Screenwriter:

- A Charmed Life, 1983
- Jabega de Oro, Edsville, 1991
- Golden Sheaf Nomination, Edsville, 1991
- Genie Nomination, Edsville, 1991
- Co-operation Agreement on the Arts, Screenwriter: True Life, 1994
- Volunteer of the year Award, SuzukiMusic, 2002
- Scholarship & Bursary for Ph.D., St Paul University, 2004
- Focus Award (Inaugural), *Shooters*, Canadian Society of Cinematographers, 2010
- Citation of Excellence in Creativity, Environment and Climate Change Canada, 2016

Theatre Training

- *Modern Theatre* with Doug Campbell, Carleton University 1975-1976
- Second City, Improvisation with Al Gutman, 1977

Memberships

- Canadian Society for the Study of Religions, 1971-1975
- Carleton University Faculty Club, 1975-1976
- ACTRA, 1981-current
- Canadian Actor's Equity Association, 1984-1993
- Steering Committee on Liturgical Art, Ontario Crafts Council, 1986-1988
- AGO, 1987-1990
- Academy of Canadian Cinema and Television, 1988-91, 2005-2006
- Toronto Press Club, 1990-1991
- Working Committee Arts/Culture of Greater Moncton Economic Commission, 1994-95
- Internet LITURGY Discussion Group, 1996-1997
- Cinroman, RC Liturgy Internet Discussion Group, 1997-1998.
- List co-owner, LITURGY-L, Internet Discussion Group, 1997-current
- Writers Guild of Canada, 2000-2003
- American Academy of Religion, 2004–2005
- Visitor to the North American Academy of Liturgy, 2005, 2007
- Candidate for Membership, North American Academy of Liturgy, 2007
- North American Academy of Liturgy, 2008-2018

Interests

Languages, high-tech, religion, liturgy, arts, public relations, jazz, politics & government, administration, travel, sailing, ocean flora & fauna, cooking, exotic food import/export, Celtic culture, Japanese culture, books, journalism, philosophy, public affairs, comedy.

Accents

All & sundry.

Special Skills

Driving: car, trailer, standard & automatic, power boat (to 26'), sailing (to 33' Ketch); horses: western & English, buggy; typing, swimming, fencing, X-country & alpine skiing, flute, bass guitar, guitar, tin whistle, clown, impersonation.

Computer Literacy

MS Word (7), CorelDraw(3,4,6), Quicken, Accpac Bedford, MS Excel (5), Ventura, FilmStar Film Management and Budgeting, Windows (3.1, 95), Webber, LView Pro, Internet: WWW, e-mail, HTML, Hot Dog, Audacity.

Representation: Agents & Managers

Management

- Jon Dolin, Gemini Artists Entertainment, New York, 2001 -2002
- Jamie Dolin, Shooting Star Management, Los Angeles, 2001 -2002
- Jeff Ross Management, Los Angeles, 2002-current

Actor - Agents

- Directions Talent Management, 1981-1985
- Lise Beauchamp, Agence Lise Beauchamp (Montreal), 1986-1987
- John Downey, Noble Talent Management, 1985-1987
- Ron Barry, Characters Talent Agency, 1988-1992
- Joan Lambur, Lambur Talent, 1992-1993
- Carol Amirault, The Core Group 1993-1994
- Tyman Stewart, Characters Talent Agency, Vancouver, 1995-2002
- Ron Barry, Characters Talent Agency, Toronto, 1995-2002
- Gail Lawrence, AKA Talent, Ottawa-Montreal, 1995-2006
- Richard Reiner, Commercials Unlimited, Los Angeles - Commercials, 2004-2005
- Claire Boivin, Claire Boivin Agency Inc., Ottawa-Toronto-Montreal, 2006-2019
- Direct through Casting Workbook, 2019-current

Fiction Writer - Agents

- TOT Communications Inc., 1984-1986
- Dee Dee Langford, Ron Francis Theatrical Management, 1986-87
- Peter Gross, (USA only), 1989-2002
- Charlie Northcote, The Core Group (original writing projects only), 1992-1996

Legal

- Peter Gross, Attorney, New York, 1985-current
- Able to work in Canada (citizen), the United States (Green Card, expired), and Great Britain (working papers available on 48 hours notice)